



Living in His Grace

40 DAYS OF PRAYER

First Baptist Church Gulf Breeze • 2026

*Helping people
experience God's love
and live in His grace.*

Preface

40 days is a significant biblical timeframe associated with testing, revelation, and divine encounter. Moses spent 40 day periods on Mount Sinai receiving the covenant tablets and interceding for Israel. (Deut. 9:9-11, 18) Jesus fasted for 40 days in the wilderness and appeared to the disciples for 40 days after the resurrection. (Matt. 4:1-2, Luke 4:1-2, Acts 1:3)

My hope and prayer for you over this 40 day period is for you to experience God in a fresh way, to experience personal spiritual renewal, to intercede for our church family, our city, and our nation. This prayer guide will unpack elements of our mission to help people experience God's love and live in His grace.

In order for us to live up to that mission, we first must draw near to the Father, be reminded of His great love for us, and take steps of faith through the power of the Spirit as we personally embody this mission each day.

Prayer prompts and scripture passages will accompany each day for the next 40 days as we individually and corporately seek the Lord and own the mission He has given us.

How to Use This Book

Find a time and place that you will commit to use for the purposes of prayer and meditation on the scriptures. You may also find it helpful to use a prayer journal during this process. A few questions to reflect on each day: What is God saying in the scripture? How does this apply to my life? To the life of our church? What opportunities might God call me to serve?

Each day will have a prayer prompt based on the scripture. This is not exhaustive. Spend time searching your heart each day. Throughout the next 40 days life continues. You will experience some kind of struggle or victory. Continue seeking the Lord through each situation.

You may not be in the habit of a quiet time or daily devotion, utilize these 40 days as a challenge to commit a portion of your day to searching your heart and the scriptures. You will be amazed at how God speaks to us through this time.

Prayer Tools

Adoration

Praising God for who He is and what He is like

Confession

acknowledging and turning from your sinfulness

Thanksgiving

being grateful to God for His works and gifts,
especially His grace in the gospel

Supplication

asking God to help you and meet your
spiritual and physical needs

Consecration

committing yourself to obeying God's will

Intercession

asking God to meet the needs of others

Day 1 | Monday, March 2

For God loved the world in this way: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.

John 3:16

As we begin this 40 day prayer journey, begin by reflecting on God's love for humanity, but even more specifically, for you. Lord, help me truly know you by grasping the depth of Your love that gave Your only Son for my eternal life.

Day 2 | Tuesday, March 3

But God proves his own love for us in that while we were still sinners, Christ died for us.

Romans 5:8

Lord, help me experience Your love today, remembering that Christ died for me while I was still a sinner. Thank you for extending your grace to me.

Day 3 | Wednesday, March 4

We love because he first loved us.

1 John 4:19

Lord, empower me to serve others with a heart that reflects Your love, knowing I only love because You first loved me.

Day 4 | Thursday, March 5

For you are saved by grace through faith, and this is not from yourselves; it is God's gift—not from works, so that no one can boast.

Ephesians 2:8-9

Lord, help me live in Your grace by resting in the truth that salvation is Your gift, not my own work.

Day 5 | Friday, March 6

For all have sinned and fall short of the glory of God; they are justified freely by his grace through the redemption that is in Christ Jesus.

Romans 3:23-24

Lord, Help me know you deeper as I acknowledge my sin and experience your grace and redemption found in Christ Jesus.

Day 6 | Saturday, March 7

For the grace of God has appeared, bringing salvation for all people, instructing us to deny godlessness and worldly lusts and to live in a sensible, righteous, and godly way in the present age.

Titus 2:11-12

Strengthen me to make disciples by living a sensible and righteous life that is empowered by Your saving grace.

Day 7 | Sunday, March 8

But he said to me, "My grace is sufficient for you, for my power is perfected in weakness." Therefore, I will most gladly boast all the more about my weaknesses, so that Christ's power may reside in me.
2 Corinthians 12:9

Teach me to live in Your grace by boasting in my weaknesses so that Your perfect power may reside in me.

Day 8 | Monday, March 9

Indeed, we have all received grace upon grace from his fullness, for the law was given through Moses; grace and truth came through Jesus Christ.
John 1:16-17

Lord, help me look to Jesus, the source of grace and truth, from whom I receive grace upon grace to know you more intimately.

Day 9 | Tuesday, March 10

For sin will not rule over you, because you are not under the law but under grace.
Romans 6:14

Lord, help me to live in Your grace by walking in freedom from the rule of sin.

Day 10 | Wednesday, March 11

The God of all grace, who called you to his eternal glory in Christ, will himself restore, establish, strengthen, and support you after you have suffered a little while.

1 Peter 5:10

Lord, would restore and support me so that I may grow in my mission to help others experience Your eternal glory.

Day 11 | Thursday, March 12

In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he richly poured out on us with all wisdom and understanding.

Ephesians 1:7-8

Lord, today help me meditate on the "riches of Your grace" and the redemption I have through Christ.

Day 12 | Friday, March 13

Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. We have also obtained access through him by faith into this grace in which we stand, and we boast in the hope of the glory of God.

Romans 5:1-2

Lord, thank you for the finished work of Jesus that has made me at peace with you. Thank you for hearing my prayers. May I never lose the awe that you, the Creator of heaven and earth allow me to bring my petitions to you.

Day 13 | Saturday, March 14

Dear friends, let us love one another, because love is from God, and everyone who loves has been born of God and knows God. The one who does not love does not know God, because God is love.

1 John 4:7-8

Lord, help me live in Your grace with peace in my heart, standing firm in the hope of Your glory.

Day 14 | Sunday, March 15

As the Father has loved me, I have also loved you. Remain in my love.

John 15:9

Lord, give me the strength to know You more intimately by remaining in the love Christ has for me.

Day 15 | Monday, March 16

And that Christ may dwell in your hearts through faith. I pray that you, being rooted and firmly established in love, may be able to comprehend with all the saints what is the length and width, height and depth of God's love, and to know Christ's love that surpasses knowledge, so that you may be filled with all the fullness of God.

Ephesians 3:17-19

Lord, I pray that I might experience Your love in its full height and depth, being rooted and established in You.

Day 16 | Tuesday, March 17

For I am persuaded that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor any other created thing will be able to separate us from the love of God that is in Christ Jesus our Lord.

Romans 8:38-39

Lord, may I live in Your grace with total confidence, knowing that nothing in all creation can separate me from Your love.

Day 17 | Wednesday, March 18

Therefore, if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come! Everything is from God, who has reconciled us to himself through Christ and has given us the ministry of reconciliation. That is, in Christ, God was reconciling the world to himself, not counting their trespasses against them, and he has committed the message of reconciliation to us.

2 Corinthians 5:17-29

Lord, equip me to Make Disciples through the ministry of reconciliation, sharing how You have made me a new creation.

Day 18 | Thursday, March 19

The Lord is compassionate and gracious, slow to anger and abounding in faithful love. He will not always accuse us or be angry forever. He has not dealt with us as our sins deserve or repaid us according to our iniquities. For as high as the heavens are above the earth, so great is his faithful love toward those who fear him. As far as the east is from the west, so far has he removed our transgressions from us.

Psalm 103:8-12

Lord, Help me Know You as the one who is slow to anger and abounds in faithful love toward me.

Day 19 | Friday, March 20

Therefore, let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help us in time of need.

Habakkuk 4:16

Lord, Teach me to live in Your grace by approaching Your throne with boldness to find mercy in my time of need.

Day 20 | Saturday, March 21

See what great love the Father has given us that we should be called God's children—and we are! The reason the world does not know us is that it didn't know him.

1 John 3:1

Lord, help me experience Your love by resting in my identity as Your dearly loved child.

Day 21 | Sunday, March 22

I give you a new command: Love one another. Just as I have loved you, you are also to love one another. By this everyone will know that you are my disciples, if you love one another.

John 12:34-35

Lord, may we Grow Together as a church by loving one another so that everyone will know we are Your disciples.

Day 22 | Monday, March 23

Therefore, there is now no condemnation for those in Christ Jesus.

Romans 8:1

Lord, help me to live in Your grace without fear, knowing there is now no condemnation for me in Christ Jesus.

Day 23 | Tuesday, March 24

You who are trying to be justified by the law are alienated from Christ; you have fallen from grace. For we eagerly await through the Spirit, by faith, the hope of righteousness. For in Christ Jesus neither circumcision nor uncircumcision accomplishes anything; what matters is faith working through love.

Galatians 5:4-6

Lord, help me to grow together with others through faith and love rather than through legalism.

Day 24 | Wednesday, March 25

*Now these three remain: faith, hope, and love—
but the greatest of these is love.*

1 Corinthians 13:13

Lord, may I be a reflection of your love to those around me, including my family, friends, co-workers, and community.

Day 25 | Thursday, March 26

Therefore, as God's chosen ones, holy and dearly loved, put on compassion, kindness, humility, gentleness, and patience, bearing with one another and forgiving one another if anyone has a grievance against another. Just as the Lord has forgiven you, so you are also to forgive. Above all, put on love, which is the perfect bond of unity.

Colossians 3:12-14

Lord, help us to grow together in unity by putting on compassion, kindness, and forgiveness as Your chosen ones.

Day 26 | Friday, March 27

Or do you despise the riches of his kindness, restraint, and patience, not recognizing that God's kindness is intended to lead you to repentance?

Romans 2:4

Lord, help me make disciples by showing others the same kindness and patience You used to lead me to repentance.

Day 27 | Saturday, March 28

The Lord appeared to him from far away. I have loved you with an everlasting love; therefore, I have continued to extend faithful love to you.

Jeremiah 31:3

Lord, thank you for the steadfast love you extend to me in spite of my shortcomings. May I, in turn, extend your love to those around me.

Day 28 | Sunday, March 29

And be kind and compassionate to one another, forgiving one another, just as God also forgave you in Christ.

Ephesians 4:32

Lord, empower me to Serve Others by being kind and compassionate, forgiving them just as You forgave me.

Day 29 | Monday, March 30

But you, Lord, are a compassionate and gracious God, slow to anger and abounding in faithful love and truth.

Psalms 86:15

Lord, help me know you as compassionate, gracious, and abounding in faithful love and truth.

Day 30 | Tuesday, March 31

I am in them and you are in me, so that they may be made completely one, that the world may know you have sent me and have loved them as you have loved me.

John 17:23

Lord, help our church Grow Together in complete unity so that the world may know You have loved them.

Day 31 | Wednesday, April 1

Therefore welcome one another, just as Christ also welcomed you, to the glory of God.

Romans 15:7

Lord, teach me to serve others by welcoming them just as Christ welcomed me to the glory of God.

Day 32 | Thursday, April 2

The Lord your God is among you, a warrior who saves. He will rejoice over you with gladness. He will be quiet in his love. He will delight in you with singing.

Zephaniah 3:17

Lord, thank you for fighting for me. Help me experience Your love as You rejoice over me with gladness and delight in me with singing.

Day 33 | Friday, April 3

Who is a God like you, forgiving iniquity and passing over rebellion for the remnant of his inheritance? He does not hold on to his anger forever because he delights in faithful love. He will again have compassion on us; he will vanquish our iniquities. You will cast all our sins into the depths of the sea.

Micah 7:18-19

Lord, help me live in Your grace by trusting in Your compassion to vanquish my iniquities and cast them into the sea.

Day 34 | Saturday, April 4

Because of the Lord's faithful love we do not perish, for his mercies never end. They are new every morning; great is your faithfulness!

Lamentations 3:22-23

Lord, thank you that I can live in your grace each day. Thank you for the new morning mercies you extend to me each day.

Day 35 | Sunday, April 5

"Though the mountains move and the hills shake, my love will not be removed from you and my covenant of peace will not be shaken," says your compassionate Lord.

Isaiah 54:10

Lord, Help me experience Your love as an unshakable covenant of peace, even life feels out of control.

Day 36 | Monday, April 6

Give thanks to the Lord, for he is good. His faithful love endures forever. Give thanks to the God of gods. His faithful love endures forever. Give thanks to the Lord of lords. His faithful love endures forever. He alone does great wonders. His faithful love endures forever.

Psalm 136:1-4

Read the rest of Psalm 136

Lord, thank you for your faithful, steadfast love that you continually extend to me. That faithfulness and salvation you extend to me are the greatest gifts I can experience in this life.

Day 37 | Tuesday, April 7

They refused to listen and did not remember your wonders you performed among them. They became stiff-necked and appointed a leader to return to their slavery in Egypt. But you are a forgiving God, gracious and compassionate, slow to anger and abounding in faithful love, and you did not abandon them.

Nehemiah 9:17

Lord, help me remember your faithfulness in each stage of my life. Help me to live in Your grace, remembering that You are a forgiving and gracious God who does not abandon me.

Day 38 | Wednesday, April 8

Know that the Lord your God is God, the faithful God who keeps his gracious covenant loyalty for a thousand generations with those who love him and keep his commands.

Deuteronomy 7:9

Lord, help me know you as the faithful God who keeps promises when I find myself overcome by the world.

Day 39 | Thursday, April 9

And the grace of our Lord overflowed, along with the faith and love that are in Christ Jesus.

1 Timothy 1:14

Lord, help me experience Your love and grace today as it overflows into my life through Christ Jesus.

Day 40 | Friday, April 10

But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be the glory both now and to the day of eternity.

2 Peter 3:18

Lord, help me to Make Disciples as I personally grow in the grace and knowledge of our Lord Jesus Christ.

